



## **SHOOTING STAR'S**

Tuesdays: 4.30pm - 5.15pm (3rs to 7 yrs)

£6/£4 LOCAL LINKS

Want all the choice and fun of a fame-style dance academy without kicking a large hole in the family budget? It's all here, a world of dance in little easy-to-learn chunks! Learn how all dance forms grow from the same root - this class covers and combines many dance styles from slinky contemporary ballet to street jazz. You will balance and leap, lock and pop, rock, fall and recover in a creative environment. A great way to hone and develop your own dance style.



# **CHEERLEADING DANCE**

Tuesdays: 5.30pm - 6.15pm Kids & Teens

£6/£4 LOCAL LINKS

Cheerleading is not just about shaking your Pom-Poms...

This class is for those who always wanted to learn the basic skills of cheerleading. You will learn to memorize cheers and master the art of performing them. With professional instruction on arm motion techniques, proper pose, jumps and kicks and tumbling. In this class you will need to be enthusiastic, and full of energy! You will need a towel, water and soft-soled shoes.





# TAP DANCING

6.30pm - 7.15pm Adults

£6/£4 LOCAL LINKS

Fred Astaire and Ginger Rodgers took it to the silver screen now you can dance like them as well!

This class is a great way to get fit and learn the art of tap dancing and quickly develop the basic steps, some rhythmic patterns and close work in a relaxed and fun atmosphere. You will need either tap shoes or hard-soled shoes, towel and water required

### STREET DANCE/ HIP-HOP

7.30pm - 8.15pm Adults Tuesdays:

Wednesdays: 5pm - 5.45pm Kids & Teens

It's funky time...





Up for a workout? This class is a funky energetic class that will make you look and feel good. Shake your booty with attitude and keep up to date with the latest hip hop moves to the hottest soundtrack around. Come prepared with trainers, a bottle of water and some fun-loving give it a go' attitude!

# **JUNIOR SHOWTIME**

Thursdays: 5pm - 5.45pm

**Kids & Teens** 



This is a shout out to all the energetic, enthusiastic young people around! Looking to reach for the stars! Whether you have dance experience or not, this is a great chance to meet new people and learn new dance skills. This class will teach you different styles from jazz, ballet to hip hop, so be sure to bring your trainers.

# **HOW TO FIND US...**

## by car

From the East leave the M8 at | 10 turn left at the traffic lights.

From the West leave M8 at [10, take the 2nd exist at the roundabout, turn left at the traffic lights. Straight through 2 sets of traffic lights and 200 m past McDonalds turn right into the Bridge car park after the 2 large Bridge banner columns.

Buses from Glasgow City Centre all leave from outside Queen Street Station. The stop for the Bridge where Visual Statement are based is outside St Benedict's Church. The Bridge is directly opposite.

Stagecoach: X19 First Bus: 19,40,41,41A,43

First Scotrail - From Queen Street Station take the lower level trains East bound. The stop for the Bridge is Easterhouse Train Station and both the Airdrie or Drumgeloch trains stop at Easterhouse. (The walk from the train station is approximately 20mins)

Turn up and Enjoy...







